

Presentations!

Presentations can cause you to feel a lot of different emotions. Please write in the chat box an adjective that describes how giving a presentation makes you feel.

When I think about giving a presentation in front of people I feel

Enthusiastic



Pacing

Speaking too quickly or too slowly



Very Slow

Very Fast

•• The majority of presentations go over time. This may be due to trying to say too much. If you are trying to say too much in your presentation this may cause you to rush.







Do you have trouble being heard from far away?

Speaking Clearly Means

- Taking time to pronounce your words clearly.
- Speaking at a loud volume for all to hear.
- Remembering to take pauses to breath



Posture

How Our Body "Talks"



Not Distracting

Very Distracting

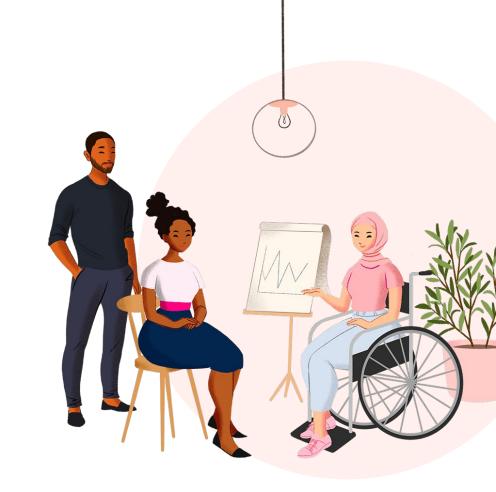
Posture

- Posture refers to Body Language
- How you are using you body can affect how people interpret what you are saying





How We Get Better!



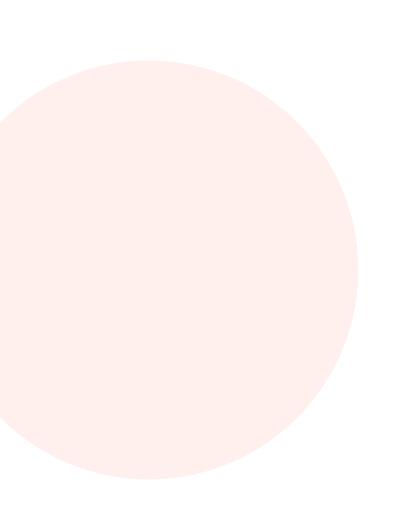
Do you ever put off practicing something??

Two Truths & A Lie

1.

2

3.



Practice is Key!

Before you leave turn on your camera/mic and share one thing you hope to do this weekend!